# North Carolina Council on Developmental Disabilities Guide to an "Elevator Speech"

## What is the North Carolina Council on Developmental Disabilities (NCCDD)?

- The Council is an organization whose goal is to helping to improve the lives of all North Carolinians with intellectual and other developmental disabilities (I/DD).
- The Council wants to create a system that focuses on self-determination and increased selfsufficiency.
- Federal law creates a Council on DD in every state and territory in the US.
- The NCCDD has 40 members. The Governor appoints each member.
  - At least 60 percent of the members must be people with I/DD or family members.
  - Others members are legislators, top state agency officials and representatives of Local Management Entities/ Managed Care Organizations and service providers.
- Federal law directs Councils to promote advocacy, capacity building and systems change activities.
- Council-funded activities change people's attitudes and the way that North Carolina uses it resources on behalf of people with I/DD. We call it "systems change."

#### What does the NCCDD do?

- Provides grants to carefully selected organizations for initiatives that advance the Council's goals.
- Brings people to North Carolina that have an expertise from which the state can benefit.
- Provides funds to help people with I/DD and their families increase their knowledge and understanding and become stronger partners in policymaking.
- Helps build capacity to deliver services and supports in communities across NC
- Advocates on behalf of all North Carolinians with I/DD.

## Can I have some examples?

- Partners in Policymaking<sup>™</sup> Teaches leadership skills to people with I/DD and their families. This includes developing positive partnerships with elected officials and other policymakers.
- Advancing Strong Leaders in Developmental Disabilities Supports emerging, professional leaders and provides them with the information needed to become transformational leaders in the I/DD field.
- The State Employment Leadership Network Helps NC put policies and practices into place that make getting jobs for people with I/DD the state's top priority ("Employment First").
- Policy Analysis and Research Reports The NCCDD identifies barriers to change in laws, policies, regulations and programs. It educates others and offers solutions that are backed up by research; cost-effective; and advance the values and outcomes that people with I/DD and families want. The Council calls on leaders and citizens to take action to make needed changes.

## That's awesome! How can I get involved?

- Visit our website to learn more: <www.nccdd.org>.
- Join our email list and come to the next NCCDD meeting or NCCDD-sponsored event in your area.
- Give feedback every year on the NCCDD State Plan; it directs how we spend our funds. If you sign up for the email list, you'll receive alerts on when and how to do this.
- Share NCCDD's Position Statements with others.
- Apply to become a Partner in Policymaking or a Council member.