


Client: John

Staff: Bob

Date: 1/23/2020

 <b>Life Skills Assessment</b>	Level of Independence				
	1	2	3	4	5
	Never	Rarely	Sometimes	Usually	Always
Home, Health and Safety	Total assistance & instruction	Direct prompting & instruction	Minimal prompts, little instruction	Spot check, occasional reminders	Independently
Does chores (takes out garbage, walks/feeds pets, Laundry )				4	
Able to buy own groceries		2			
Can prepare a meal safely		2			
Keeps room/home neat (puts things away, cleans up after )					5
Makes healthy food choices		2			
Exercises regularly			3		
Maintains good hygiene (toileting, showering, cleanliness)					5
Appears clean and appropriate in public				4	
Prepares for the day effectively			3		
Has a functional sense of time (uses a calendar/clock)					5
Aware of weekly schedule				4	
Can communicate name, phone number & address					5
Understands fire safety		2			
Community					
Is punctual and maintains consistent attendance					5
Crosses the street safely					5
Aware of safety in public and with strangers			3		
Travels using public transportation				4	
Problem solves effectively if lost		2			
Carries ID card, Clipper Card and emergency info			3		
Carries and uses cell phone appropriately			3		
Can complete a transaction at a store (use dollar up)			3		
Responsibly monitors spending/budget money		2			
Social/Recreational					
Interpersonal skills (greeted others, eye contact, etc.)				4	
Has hobbies & interests				4	
Engages in appropriate conversations			3		
Exhibits age appropriate behavior			3		
Knows and adheres to pleasant manners				4	
Has a positive attitude; friendly, likeable disposition				4	
Has friends and cares about/shows interest in others					5
Makes plans outside of program		2			
Social Competency					
Accepts feedback and instruction			3		
Communicates wants and needs			3		
Self-regulates (behavior)			3		
Asks for help when needed		2			
Controls temper / manages frustration		2			
Flexible when unexpected changes occur		2			
Average Level of Independence		3.3			

